



# Draw Your Body

**What body parts are on the inside of your body?**

## My Predictions

Write or draw how your outline will be different from your classmates' outlines.

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## My Observations

Write how the sides are the same and different.

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## Create Explanations

1. What body parts are on the inside of your body? Write or draw your answer.

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2. How are the body outlines different? Write or draw your answer.

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# Body Parts in Other Living Things

**What are the body parts of other living things like?**

## My Predictions

Predict what you think the body parts of another living thing look like.

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## My Procedure

Write how you will find out what the body parts of another living thing look like.

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## My Observations

Draw a picture of what you found out about another living thing's body parts.

## Create Explanations

Write or draw what you learned.

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**Structured Inquiry****Discover**

# How Many Heart Beats?

**What makes your heart beat faster?**

**Step 1** Work with a partner. Find your pulse and count how many beats happen in 15 seconds. As you count your pulse, your partner will keep time. Then switch roles. **Record** your results.

**Step 2** Choose an exercise to do. **Record** the exercise by drawing a picture of yourself exercising. Perform your exercise for one minute.

**Step 3** Take your pulse again. **Record** your results.

## Create Explanations

1. What makes your heart beat faster?
2. Why do you think your heart was beating faster after you exercised?

### Your Group Needs

- stopwatch

### Practice Tip

#### Record

You can use numbers, words, drawings, or photographs to record observations.

## My Predictions

What will make my heart beat faster? Write or draw your answer.

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## My Observations

Record your resting pulse.

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Record your pulse after exercise.

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## My Observations (continued)

Draw yourself exercising.

## Create Explanations

**1.** What makes your heart beat faster? Write or draw your answer.

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**2.** Why do you think your heart was beating faster after you exercised? Write your answer.

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